

ST. PETER'S ROMAN CATHOLIC PRIMARY SCHOOL
RELATIONSHIPS AND SEX EDUCATION POLICY

At St. Peter's RC Primary School we believe that Relationship and Sex Education (RSE) is an essential part of a holistic education since its focus is the individual, uniquely created by God in His own image. Through RSE, children come to understand more about themselves, others and the beauty of creation.

Aims of Relationships and Sex Education (RSE)

To develop the following attitudes and virtues:

- Reverence for the human gift of sexuality and fertility;
- Respect for the dignity of every human being – in their own person and in the person of others;
- Joy in the goodness of the created world and their own bodily natures;
- Responsibility for their own actions and a recognition of the impact of these on others;
- Celebrating the gift of life-long, self-giving love; recognizing the importance of marriage and family life; fidelity in relationships.

To develop the following personal and social skills:

- Making sound judgements and good choices which have integrity and which are respectful of the individual's commitments
- Loving and being loved; and the ability to form friendships and loving, stable relationships free from exploitation, abuse and bullying;
- Managing emotions within relationships; and when relationships break down, with confidence, sensitivity and dignity;
- Managing conflict positively, recognizing the value of difference;
- Cultivating humility, mercy and compassion, learning to forgive and be forgiven;
- Developing self-esteem and confidence, demonstrating self-respect and empathy for others;
- Building resilience and the ability to resist unwanted pressures, recognising the influence and the impact of the media, internet and peer groups and so developing the ability to assess pressures and respond appropriately;
- Being patient, delaying gratification and learning to recognize the appropriate stages in the development of relationships and how to love chastely;
- Assessing risks and managing behaviours in order to minimise the risk to health and personal integrity.

Delivery of Relationships and Sex Education (RSE)

We will follow 'Life to the Full' (by Ten Ten Resources) to cover the content and learning outcomes for RSE.

All pupils will be taught the specific aspects of RSE that remain as statutory elements of the National Curriculum for Science.

During teaching, we will ensure differentiation and inclusion and that RSE is sensitive to the different needs of individual pupils, respect pupils' different abilities, level of maturity and personal circumstances.

Parents/Carers:

St. Peter's RC Primary School recognizes that parents/carers are the primary educators of their children and will seek to support them in their task. We will inform parents/carers of the content of our RSE which will be delivered to the child in the termly overview.