

## INTENT

At St. Peter's Roman Catholic Primary School we fully recognize the importance PE plays in the curriculum and are committed to providing all children with a range of opportunities that allow them to engage fully in Physical Education.

The aim of our PE provision is to develop children's basic physical competencies, build confidence in their ability and provide the foundations for a lifelong love of sport, physical activity and a healthy lifestyle.

The PE curriculum at St. Peter's places clear emphasis on the Catholic virtues that support our school ethos at all times. The virtues of justice, meditation and thankfulness particularly underpin the planned outcomes of physical education lessons.

PE lessons encourage children to compete against themselves and others whilst being challenged to improve their physical, social, emotional and thinking skills.

The focus on these skills is designed to ensure that all pupils:

- Develop competence and the opportunity to excel in a broad range of physical activities
- Are physically active for sustained periods of time
- Engage in competitive sports and activities
- Lead healthy, active lives
- Promote a healthy and active lifestyle
- Encourage physical activity and exercise
- Build self-esteem, confidence and resilience
- Have access to the learning experience

## IMPLEMENTATION

At St. Peter's Roman Catholic Primary School we use the Cambridgeshire Scheme of Work for Physical Education to teach our PE across the school. This scheme ensures that children are given a wealth of opportunities to develop their physical movement skills as well as achieving whole child objectives.

Early Years pupils are provided with opportunities to develop fundamental movement skills, become increasingly competent and confident with accessing a broad range of opportunities to extend their agility, balance and coordination, individually and with others, engaging in competitive and co-operative physical activities.

KS1 and KS2 children will build on these fundamental skills through:

- Consistency in routines including awareness of key objectives, a warm-up, skill development and plenary.
- Collaboration and opportunity for partner discussion
- Opportunities for children to work independently and together
- Opportunities for children to perform and feedback
- Subject specific vocabulary that builds on previous learning/year groups
- Progression in equipment used with year groups

## IMPACT

Our PE provision is designed so that children are taught a variety of activities throughout their key stage and there is a clear progression journey through all of these. Each key area of PE has specific focus on content and skill development.

The PE curriculum will provide children with opportunities to succeed, participate in additional extra-curricular activities, as well as enjoying sport and all related physical activities.

